

INDEX

	Page
LIST OF FIGURES	Viii
LIST OF TABLES	xi
SUMMARY	xii
ACKNOWLEDGMENTS	xv
ABBREVIATIONS	xvii
CHAPTER 1	
INTRODUCTION	1-6
CHAPTER 2	
REVIEW OF LITERATURE	7-47
Section 1: Stem Cells: An Introduction	8-13
Stem cells.....	9
Types of stem cells.....	9
Adult stem cells.....	10
Adult stem cells niches	10
Stem cells niches in aged organs	11
Bone marrow stem cells.....	11
Mesenchymal Stem Cells.....	12
Plasticity of Bone Marrow Derived Mesenchymal Stem Cells.....	13
Section 2: Anatomy and Physiology of the Heart	15-23
Anatomy of the heart	16
Cardiac chambers.....	17
Right atrium	17
Right ventricle.....	17
Left atrium	17
Left ventricle	17
Cardiac valves.....	18
Tricuspid Valve.....	18

Pulmonary Valve	19
Mitral Value	19
Aortic Valve.....	20
Vascularization of Heart Muscles	20
Physiology of the Heart	21
Cardiac Muscle Cells	22
Aging Heart: Structural and Functional Changes	23
Section 3: Congestive heart failure and medical therapy.....	27-33
Congestive Heart Failure	28
Ischemic Heart Disease.....	28
Myocardial Infarction	28
Transmural infarct.....	29
Subendocardial Infarct	29
Therapeutic Options for Heart Diseases	29
Percutaneous Transluminal Coronary Angioplasty	29
Implantation of Stents	30
Coronary Artery By-Pass Surgery	31
Endarterectomy	32
Heart Transplant.....	32
Stem Cell Therapy	33
Section 4: Heart and Stem Cell Aging.....	36-40
Heart as a Dynamic, Self-Renewing Organ.....	37
Aging within the niches	38
Stem Cells Fail with Aging.....	38
Telomere/Telomerase	39
Caspases	39
Cyclin-Dependent Kinase Inhibitors.....	39
Growth Factors.....	40
Reactive Oxygen Species.....	40
Section 5: Caloric Restriction	41-47
Caloric Restriction	42

Caloric Restriction and Cardiovascular Diseases	43
Caloric Restriction: In Vitro Studies.....	45
Culturing of Cells from CR Animals	45
Culturing of Cells in Serum from CR Animals	46
Culturing of Cells from Normal Fed Animals at Low Calories	46

CHAPTER 3

MATERIALS AND METHODS	48-76
Laboratory animals	49
In-vitro studies	49
Medium preparation.....	49
Instrument preparation and hood sterilization	50
Isolation and culturing of MSCs.....	50
Protocol for sub-culturing	51
Growth kinetics of young and aged MSCs	52
Population doubling analysis	52
Saturation density.....	53
Plating efficiency	53
Gene Profiling of MSCs from young and aged animals	54
RNA extraction and quantification	54
cDNA synthesis	54
Designing of primers.....	55
Polymerase chain reaction	56
PCR cycling conditions.....	56
In vitro wound healing assay	57
Superoxide dismutase activity assay.....	57
Annexin-V staining.....	59
In-vitro tube formation assay	60
Preconditioning of aged MSCs with caloric restricted medium	62
RT-PCR analysis of preconditioned MSCs	62
Cell proliferation assay	63

Cell viability assay	64
Senescence detection assay	64
Cytokine secretion by aged untreated and aged pretreated MSCs.....	65
In-vivo study	66
Mesenchymal stem cells for transplantation	66
Induction of myocardial infarction in aged mice	66
Measurement of cardiac function with Millar’s apparatus	68
Immunohistochemistry of infarcted hearts	69
Fibrosis detection	70
Masson’s Trichrome staining.....	70
Measurement of infarct size.....	71
Terminal deoxynucleotidyl transferase nick and labeling assay.....	72
RT-PCR for the expression of pro-survival and pro-apoptotic genes.....	73
Real Time RT-PCR.....	74
Statistical analysis	74
CHAPTER 4	
RESULTS	77-110
In Vitro Study	78
Population analysis	78
Plating efficiency	79
Saturation density	80
Gene profiling of young and aged MSCs	81
Young MSCs have better wound healing ability	82
Superoxide dismutase activity	83
Effect of age on angiogenic potential of MSCs	84
Effect of age on levels of apoptosis in young and aged MSCs.....	85
Preconditioning of aged MSCs	86
Effect of preconditioning on gene expression in aged MSCs.....	86
Effect of caloric restriction pretreatment on viability.....	87
Pretreatment stimulate proliferation of aged MSCs.....	88
Pretreatment delays the onset of senescence in aged MSCs.....	89

Pretreatment of aged MSCs enhances secretion of various cytokines.....	91
In Vivo Studies	92
Homing of preconditioned MSCs	92
Measurement of apoptosis in the senescent heart after transplantation of MSCs.....	94
Detection of proliferation after MSCs transplantation	96
Gene expression of pro-survival and pro-apoptotic genes in senescent heart	97
Gene expression of cytokines after transplantation of preconditioned MSCs	99
Commitment of aged MSCs towards cardiac lineage after transplantation	101
Assessment of differentiation of MSCs	103
Analysis of fibrosis with Masson’sTrichrome staining	104
Angiogenesis in senescent myocardium	106
Hemodynamic parameters	109
Measurement of cardiac function with Millar’s apparatus	109
CHAPTER 5	
DISCUSSION	111-123
CHAPTER 6	125-180
Part ‘B’	125
Comparison of regenerative potential of human adipose and cord tissue MSCs	126
Summary	127
Introduction	128
Literature review	130
Availability of adipose and cord tissue	130
Immunogenicity	132
Adipose from multiple donors	132
Immunophenotype	133
Proliferation and differentiation potential	133
Variability between donors, depots and species	134
Adipogenesis	135
Chondrogenesis.....	137
Osteogenesis	137
Neurogenesis	138

Materials and methods	140
Collection of adipose and cord tissue	140
Isolation and expansion of MSCs	140
Cell surface antigen profile of adipose and cord tissue derived cells	141
Growth characteristics	141
Plating efficiency	142
Population doublings	142
Saturation density	143
Differentiation.....	143
Histochemistry	144
Oil O red staining.....	144
Von Kossa staining	144
Alcian blue staining	144
Hematoxyline and eosin staining	145
Measurement of positive areas in differentiation cultures	145
Immunostaining	145
Total RNA extraction.....	146
Quantitative RT-PCR.....	146
Wound healing assay	147
Matrigel assay	147
Statistical analysis	147
Results	149
Isolation of cord and adipose tissue derived MSCs	149
Flow cytometric analysis of MSCs	151
MSC expansion and population doubling times	153
Saturation density	155
Plating efficiency	156
Differentiation assays	158
MSCs can differentiate into adipose tissue.....	158
Osteogenic potential of MSCs	161
Chondrogenic potential of MSCs.....	164

MSCs undergo neuronal differentiation in-vitro	167
Gene expression in differentiation MSCs	170
In-vitro assessment of wound healing.....	173
MSCs possess in-vitro blood vessel forming ability.....	174
Discussion	175
CHAPTER 7	
REFERENCES	181-207
PUBLICATIONS	208